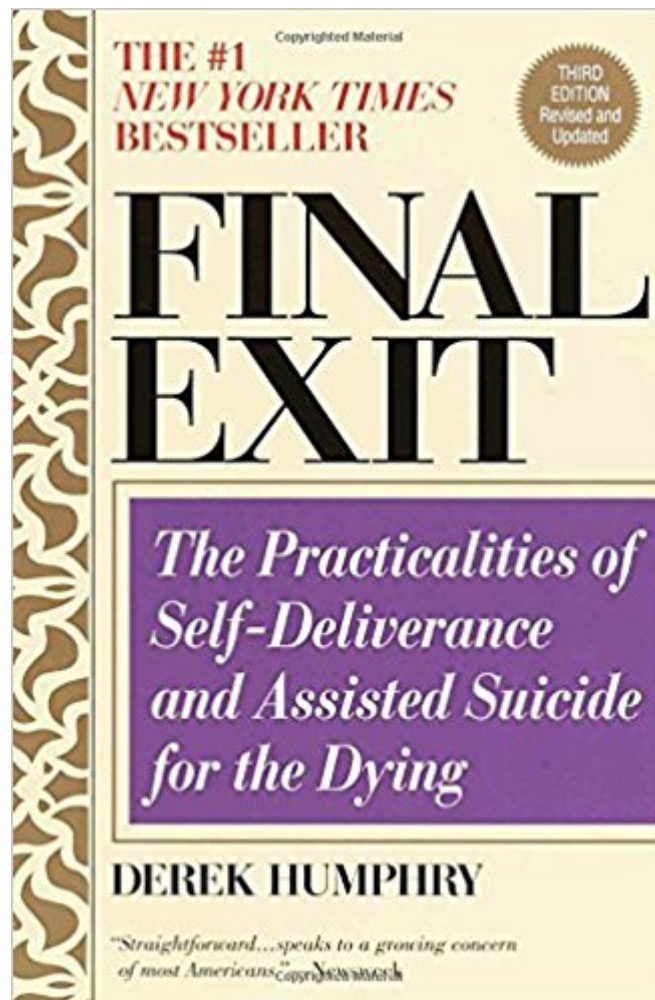




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# Final Exit: The Practicalities Of Self-Deliverance And Assisted Suicide For The Dying, 3rd Edition



## Synopsis

Published in 2002, the revised, 3rd edition of the bestseller "Final Exit" describes the ways in which a dying person may consider hastening the end of their life if suffering is unbearable. Laws and ethics are outlined in a straightforward fashion. Drug dosage tables and the latest inert gas technique of 'self-deliverance' are explained, with illustrations. Bantam Dell published an updated version in April 2010, known as edition 3.1

## Book Information

Paperback: 220 pages

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Average Customer Review: 4.3 out of 5 stars 242 customer reviews

Best Sellers Rank: #34,528 in Books (See Top 100 in Books) #1 in Books > Law > Health & Medical Law > Right to Die #1 in Books > Law > Estate Planning > Living Wills #16 in Books > Self-Help > Death & Grief > Suicide

## Customer Reviews

"Until there is a law which would allow physicians to help people who want a Final Exit, here is Derek Humphry's book, fittingly named, to guide them."--Betty Rollin, author of First, You Cry and Last Wish  
"An honest, clear, compelling book."--Dr. Frederick R. Abrams, physician and ethicist

Final Exit' 3rd edition was updated in April 2010. Now known as edition 3.1

This is NOT a quick "how to" guide for those who are NOT terminally ill. Good advice for estate planning and other last minute details which should be taken into consideration. Living wills, etc. are discussed.

well explained. reviews many ideas on many facets. is dark, as a book on this subject must be. It explains consequences of different courses of action. I have experienced pain and suffering. I will

likely follow some of its directions, if the time and need comes.

The archaic way we handle (mishandle) death needs some in depth coverage, The Final Exit does that.

Originally I bought this book as research for the field of study that I'm going into but it ended up being extremely informative. Derek Humphry does an amazing job of explaining the intricacies of self deliverance and euthanasia. It provides a dignified alternative to an otherwise terrible situation and it's great to have an understanding of the different options available. You never know how life is going to turn out and, if you want to be prepared for all situations, I would definitely recommend reading this book. However, I will say that if you are looking for information on how to end your life due to severe mental illness this is not the book for you. Humphry explicitly says this in the beginning and continues to do so throughout the course of the book - which I appreciate. This book is solely for the purpose of aiding those who are terminally ill.

I found this book to be incredibly informative. Watching my parents in the throes of death has made me vow to not do this to my children. Any ideas I had prior to reading this book were dispelled and I'm grateful to know what doesn't work! The book is not for the weak at heart - especially the illustrations but I've already connected with a partner and hope, that when the time comes, I'll have the fortitude to carry through.

Extremely practical advice and instructions.

I got this book because I needed an non-internet source for a paper. I expected a personal story of assisted suicide, this is not what this book is about. The author talks about his personal experience, and the Hemlock Society, which was started to help educate people on assisted suicide, but the book is really geared to educate people on what to do.. legal, personal things that should be considered before the decision.

This is a book to add to other informative sources on the topic of the final act one might choose. It might well be read along with Dr. Darryl Bem's recent article (NYTs) regarding his wife's planful exit in response to her diagnosis of Alzheimers

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